

481—61.5 (135C) Nursing care unit.

61.5(1) A nursing care unit shall include or have access to the following areas: (III)

- a.* Nurses' space,
- b.* Clean work area,
- c.* Medication storage,
- d.* Resident rooms,
- e.* Resident toilets and baths,
- f.* Soiled work area, and
- g.* Enclosed clean linen storage.

61.5(2) There shall be a secure place or method for storing resident information and supplies. (III)

61.5(3) A clean work area for storage and assembly of clean supplies shall contain a work counter and sink. (III)

61.5(4) Lockable medication storage including the storage of Schedule II drugs shall be provided. (III)

61.5(5) and **61.5(6)** Rescinded IAB 12/6/06, effective 1/10/07.

61.5(7) Resident rooms shall meet at least the following requirements:

a. Bedrooms shall open directly into a corridor or common living area and shall not be used as a thoroughfare. (III)

b. The minimum room area, exclusive of closets, toilet rooms, lockers, wardrobes, vestibules, and corridor door swings shall be at least 100 square feet in one-bed rooms and 80 square feet per bed in multibed rooms. Usable floor space shall be no less than 8 feet in any direction. All resident rooms shall be designed with a minimum of 3 feet of space between beds, lateral walls or room furnishings. (III) (Exception 4)

c. Each resident room shall be provided with light and ventilation by means of a window or windows with a minimal net glass area equal to at least 10 percent of the total floor area. The windows shall open without the use of tools. Provisions for locking windows must be approved by the state fire marshal. The window sill shall not be higher than 3 feet above the floor. (III)

d. There shall be a wardrobe or closet in each resident's room. The minimum clear dimensions shall be 1 foot 10 inches deep by 2 feet 6 inches wide of clear hanging space for each resident. A clothes rod and shelf shall be provided. See subrule 61.7(9). (III) (Exception 2)

e. In a shared closet, segregated portions shall be established. Each wardrobe and closet in each resident room shall have a door. (III) (Exception 4)

f. No bedroom shall have the floor on the window wall more than 2 feet 6 inches below the adjacent grade level. (III)

g. Fixtures or storage shall be provided to hold individual towels and washcloths. (III)

h. No part of any room shall be enclosed, subdivided or partitioned unless that part is separately lighted and ventilated and meets such other requirements dictated by usage and occupancy. Closets used for the storage of resident's clothing are excepted. (III)

i. Each resident bedroom shall have a door. The door shall be the swing type and shall swing in, unless fully recessed. (III)

j. Resident rooms shall be designed to permit no more than two beds. (III) (Exception 4)

k. Each resident bedroom shall be designed so the head of the bed is not in front of a window, heat register, or radiator. (III)

l. One lavatory shall be provided in each resident room. The lavatory may be omitted from a room when a lavatory is located in a connecting toilet room, which serves not more than two beds. (III) (Exception 4)

m. Full visual privacy for each resident shall be provided in multibed rooms. Portable screens are not acceptable. (III)

n. Each resident shall have access to a toilet room without having to enter the general corridor area. One toilet room shall serve no more than four beds and no more than two rooms. (III) (Exception 3)

- o.* No resident room shall be located more than 150 feet from an exit. (III)

61.5(8) Resident toilet rooms shall be provided according to the following standards:

- a.* Each resident toilet room shall have a swing or sliding door. There shall be a minimum clear opening of 32 inches. (II, III) (Exception 2)
- b.* The door shall not be a pocket door or swing into the toilet room. (III) (Exception 4)
- c.* Toilets shall be accessible to and usable by residents with handicaps. (III) (Exception 3)
- d.* All toilet rooms shall have mechanical exhaust ventilation. (III) (Exception 2)
- e.* Grab bars shall be provided at all toilets. (III)
- f.* Water closets shall be 17 to 19 inches high measured to the top of the seat. (III) (Exception 4)

61.5(9) Each facility must provide bathing systems that meet the needs of the residents. Bathing facilities shall be provided according to the following standards:

- a.* There shall be at least one bathing unit for each wing on each floor of a facility with a minimum of one unit for each 20 residents or part of 20. In facilities licensed for 15 or fewer beds, at least one bathing unit shall be provided for each five residents. (III)
- b.* Every bathing unit shall have a toilet and sink which are accessible to and functional for persons with physical disabilities. (III) (Exception 2)
- c.* Privacy for dressing and bathing shall be provided in bathrooms. (III)
- d.* All bathrooms shall have mechanical ventilation. (III) (Exception 2) See subrule 61.11(3), paragraph "c."
- e.* Showers shall be at least 4 feet by 5 feet without curbs, and designed to permit use from a wheelchair. All tubs and shower floors shall have slip-resistant surfaces. (III) (Exception 4)
- f.* Bathing areas shall have a swinging door which swings into the area. (III)
- g.* Lavatories intended for use by residents shall be securely anchored to withstand an applied vertical load of not less than 250 pounds on the front of the fixture and shall be usable by people in wheelchairs. (III)
- h.* Hot water and drain pipes under lavatories shall be insulated or shielded per ANSI standard A117.1-1986. (III) (Exception 4)
- i.* Soap holders shall be provided at showers and bathtubs. Soap holders in showers shall be recessed. (III) (Exception 2)
- j.* All toilet, bath and shower facilities shall be equipped with grab bars and adequate safety devices. The bars shall have a diameter of 1¼ to 1½ inches and have a 1½-inch clearance to walls, shall be anchored with sufficient strength to sustain a concentrated load of 250 pounds, and shall meet the requirements of the ANSI document A117.1-1986. (II, III)
- k.* Raised toilet seats shall be available for residents as needed. (III)
- l.* Showers shall be equipped with a shower head on the end of a flexible hose. (III) (Exception 2)

61.5(10) The soiled work area shall contain a clinical flush-rim service sink, a work counter, waste and soiled linen receptacles and a two-compartment sink. One compartment of the double sink shall be at least 10 inches deep for cleaning and sanitizing equipment such as bedpans, urinals and wash basins. Clinical flush-rim service sinks shall have an integral trap in which the upper portion of the water surface shall provide a visible trap seal. (III) (Exception 3)

61.5(11) Enclosed clean linen storage shall be separate from the clean work area. (III) (Exception 4)

61.5(12) A seclusion room may be used in an intermediate care facility for persons with mental illness. When a seclusion room is used, it must meet the following standards. A seclusion room shall:

- a.* Be located where direct care staff can provide direct supervision; (I, II, III)
- b.* Have only one door which swings out but does not swing into a corridor; (II, III)
- c.* Have only locking devices that are approved by the state fire marshal; (I, II, III)
- d.* Have unbreakable, fire-safe vision panels arranged to permit observation of the resident. The arrangement shall ensure resident privacy and prevent casual observation by visitors or other residents; (I, II, III)
- e.* House only one resident at a time; (I, II, III)
- f.* Have an area of at least 60 square feet, but not more than 100 square feet; (II, III)

- g.* Be constructed to protect against the possibility of hiding, escape, injury and suicide; (I, II, III)
- h.* Have construction of the room area, including floor, walls, ceilings, and all openings approved in writing by the state fire marshal prior to construction or alteration of a room. Padding materials, if used, shall be approved in writing by the state fire marshal; (I, II, III)
 - i.* Contain only vandal- and tamper-resistant fixtures and hardware; (I, II, III)
 - j.* Contain no electrical receptacles; (I, II, III)
 - k.* Have exterior windows or a second exit for fire safety; (I, II, III)
 - l.* Have security screens with tamper-resistant locks on exterior windows. The locks must be approved in writing by the state fire marshal. Privacy of the resident shall be ensured; (I, II, III)
 - m.* Contain an exhaust ventilation system with a fan located at the discharge end of the system; (II, III)
 - n.* Have electrical switches for the light and exhaust ventilation systems installed outside the room; (I, II, III)
 - o.* Have an emergency call system for staff located outside the room near the observation window; (II, III) and
 - p.* Be built with materials that are easily maintained and sanitized. (III)